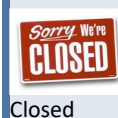


Bearskin Fitness Center
#1 Turtle Drive
Wyandotte, OK 74370



Closed

Special hours



Gym/BB-closed



Day Care-closed



Fitness Classes



Birthday party



August [2026]

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 1	27	28 Pickle ball 5:00-7 Half Court 	29	30 Pickle ball 5:00-7 Full Court 	31	1  Gym reserved 2-4pm	2
Week 2	3	4 Pickle ball 5:00-7 Half Court 	5	6 Pickle ball 5:00-7 Full Court 	7	8  Gym reserved 2-4pm	9
Week 3	10	11 Pickle ball 5:00-7 Half Court 	12	13 Pickle ball 5:00-7 Full Court 	14	15  Gym reserved 2-4pm	16
Week 4	17	18 Pickle ball 5:00-7 Half Court 	19	20 Pickle ball 5:00-7 Full Court 	21	22  Gym reserved 2-4pm	23
Week 5	24	25 Pickle ball 5:00-7 Half Court 	26	27 Pickle ball 5:00-7 Full Court 	28	29  Gym reserved 2-4pm	30

Please watch our monitor for holiday hours & special events! Check us out on [Facebook!](#)

Any questions about any of our fitness classes please ask a staff member!!!

All gym members - Classes are free!

Monday - Water Volleyball Time: 8:00-10:00am (Cost: \$2 per class non- members/members free)

Water BootCamp- 10am-10:45am **Video**

SilverSneakers(MSRM)- Time: 10:15-11:00 (Cost: \$2 per class for non-members/ members free) **IN GYM**

Kids Swim Time: 2-4pm; 6-8pm (Cost: \$2 non -member) (Tribal members & Family membership kids are free.)

Tuesday - Shallow Water Aerobics -Time: 9:00am-10:00am (Cost: \$2 per class non-members/members free) **Video**

Zumba Fitness- Time: 9:30am-10:00am & **6:00-6:30pm** (Cost: \$5 per class non-members/ members Free)

Pilates X Strength - Time: 10:00am-10:30am & **6:30-7:00pm** (Cost: \$2 per class non-members/ members Free)

Arthritis class (Pool) - Time: 10:00-11:00 am (Cost: \$2 per class non-members/ members Free) **Video**

Yoga Fusion- Time: 12:05-12:25pm (Cost: \$2 per class non-members/ members Free) **Starts August 4th In basement**

Kids Swim Time: 2-4pm; 6-8pm (Cost: \$2 non -member) (Tribal members & Family membership kids are free.)

Spin class- Time: 12:30-1pm & 4:30-4:50pm (Cost: \$2 per class non-members/ members Free) **Starts August 4th In basement**

Body Boot Camp- Time: 5:00pm-5:30pm (Cost: \$2 per class non-members/ members Free) **Starts August 4th In basement**

Pickle ball- Time: 5:00-7:00pm (Cost: Free for members; non-members \$2 fee) **HALF COURT**

Wednesday - Water Volleyball Time: 8:00-10:00am (Cost: \$2 per class non- members/members free)

SilverSneakers(MSRM)- Time: 10:15-11:00 (Cost: \$2 for non-members/ members Free) **IN GYM**

Kids Swim Time: 2-4pm; 6-8pm (Cost: \$2 non -member) (Tribal members & Family membership kids are free.)

Batting cage- schedule with staff

Thursday - Shallow Water Aerobics -Time: 9:00am-10:00am (Cost: \$2 per class non-members/members free) **Video**

Zumba Fitness- Time: 9:30-10:00am & **6:00-6:30pm** (Cost: \$5 per class non-members/ members Free)

Pilates X Strength - Time: 10:00am-10:30am & **6:30-7:00pm** (Cost: \$2 per class non-members/ members Free)

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Body Boot Camp- Time: 5:00pm-5:30pm (Cost: \$2 per class non-members/ members Free) **Starts August 4th In basement**

Pickle ball- Time 5:00-7:00pm (Cost: Free for members; non-members \$2 fee) **FULL COURT**

Kids Swim Time: 2-4pm; 6-8pm (Cost: \$2 non -member) (Tribal members & Family membership kids are free.)

Friday: Kids Swim Time: 2-4pm; 6-8pm (Cost: \$2 non -member) (Tribal members & Family membership kids are free.)

Saturday- Open gym- 8am-2pm; 2-4pm gym is closed for event

Starting May 1, DayCare will be closed on Sundays. Opens back up September 1, 2025